

GROW YOUR KIDS ActiviTREE

Directions

- On each branch, fill out the leaves of this **TREE** with activities you do with your child. For example, you could write 'read bedtime stories' on a leaf that grows from the 'Read' branch. You can also write examples of activities that you could imagine doing with a small child.



Follow your baby's cues.

Have fun and play and create special time together.

*Your baby's development is stimulated by emotionally connecting
with YOU!!!*

MARYLAND AMERICAN ACADEMY OF PEDIATRICS

Name: _____ DOB: _____ Date: _____

Talk

Example: Talk in an excited voice about objects in the room



Read

Example: Read a bedtime story.



Engage

Example: Spend 3 minutes playing with their favorite toy with them.



Encourage

Example: Clap your hands and say "Good job" when they follow directions.

