



Maryland Chapter, American Academy of Pediatrics

FREE Webinar

“Park Rx America: Treating Chronic Disease One Tree at a Time” Tuesday, October 2, 2018 at 12:30-1:30 p.m. ET

<https://global.gotomeeting.com/join/677289749>

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If you are a park-prescribing healthcare provider and want to learn more about the park prescription movement, this is an opportunity to hear directly from Dr. Robert Zarr, a board-certified pediatrician and Founder and Medical Director of Park Rx America (<http://parkrxamerica.org>). Dr. Zarr will review how he began his community health initiative that aims to prevent and treat chronic disease and promote wellness by prescribing and linking patients to their local parks. PRA's searchable park database links to Electronic Health Records and includes nearly 3,000 parks throughout the DMV.

This webinar will:

- *Describe the current epidemic of chronic disease, including physical and mental health diseases
- *Summarize scientific literature to support spending time in nature
- *Review the planning, development and implementation of Park Rx
- *Explain how clinicians can prescribe parks and utilize existing online databases for patient education
- *Discuss ways your site can implement prescribing time outdoors

Questions? Contact:

Loretta I. Hoepfner, Executive Director
Maryland Chapter, American Academy of Pediatrics
(410) 878-9702, loretta@mdaap.org